M A R Y H. W U

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# OBJECTIVES

* To educate the public on organ donation and transplantation in order to increase registration rate
* To advocate on behalf of and support the organ transplant community with particular interest in pediatric, deceased organ donors/organ donor families, and multicultural ethnic populations
* To bring together the public and organ transplant community as one through ongoing information and inspiration
* To educate the public on arthritis as the leading cause of disability and to advocate for policies and procedures that work towards management and a cure for arthritis

# HONORS, RECOGNIZATIONS, AWARDS

* “Health Literacy and Renal Disease” Rogosin Institute Roundtable participant 3/9/15, Rogosin Institute, New York, NY
* National Kidney Foundation as advocate for the 2015 Kidney Summit (3/2/15-3/4/15)
* 2015 Kidney Summit Sponsored by The Arthritis Foundation as the “2012 Arthritis Advocacy Summit Award Winner”
* Sponsored by University Kidney Research Organization (UKRO) to attend and represent the Donate Life Rose Bowl Parade on 1/2/2012
* Collaboration with The Ossining Patch regarding my organ donation and transplant advocacy work and written articles
* KidneyTalk Live Podcast interview with Lori Hartwell, Founder of Renal Support Network at [www.rsnhope.org](http://www.rsnhope.org), in July 2011 and June 2013
* “Chapter 19: Doctor Shopping” of “Confessions of a Kidney Transplant Recipient” selected for Coaching Workshop on “Intuitive Intelligence”
* Sunday, January 19, 2014: Kenneth Co interview with me for Eagle Project: Promoting Organ Donation Awareness in the Asian Community
* UKRO, National Kidney Foundation, Transplant Recipients International Organization, New York Organ Donor Network, Renal Support Network, The Flood Sisters Kidney Foundation of America, and “The Journal News” newspaper are ongoing supporters and recognize “Confessions of a Kidney Transplant Recipient” (<http://kidneyconfessions.blogspot.com>) in providing inspiration and information to the public on organ donation and transplantation
* Honorable Mention of Renal Support Network (RSN) 9th Annual Essay Contest
* Winner of Renal Support Network (RSN) 8th Annual Essay Contest
* SemiFinalist National Kidney Foundation 60th Anniversary Art Contest
* Nominated by New York Organ Donor Network for the “Sprint Community Champions” for outstanding contributions to the organ transplant community

# QUALIFICATIONS

* Counselor to individuals who suffer from chronic illnesses, transplant candidates and recipients, and caregivers by referring them to necessary resources and providing emotional support and understanding
* Public speaker and panelist at healthcare and educational facilities about my own personal health experiences to educate and motivate the public on organ donation, transplantation, and registration
* Legislative advocate through ongoing written, in-person, and telephone correspondence with politicians and celebrities as well as meeting with politicians on Legislative Day in April 2010 to discuss major and crucial “Donate Life” Agenda Items to increase the New York State organ donation registration rate

# PROFESSIONAL ACCOMPLISHMENTS

**Explore Transplant**

**2014-Present as needed**

**Los Angeles, California**

### **Active Panel Member**

* Reviewed and provided necessary feedback of ongoing active projects

**THE ARTHRITIS FOUNDATION**

**2011-Present and as needed**

**Atlanta, Georgia**

## Arthritis Ambassador

* Won Arthritis Advocacy Summit scholarship and spoke to Members of Congress on vital arthritis issues that need to be addressed
* Acted as Patient Advocate at Congressional Briefing about the need to increase physical activity programs to assist those with arthritis
* Participated in “Faces of Arthritis” Campaign
* Participated in “World Arthritis Day” event

**UNIVERSITY KIDNEY RESEARCH ORGANIZATION (UKRO)**

**2011-2012/Present and as needed**

**Los Angeles, California**

## 2012 Rose Bowl Parade Float Rider

* Represented UKRO and promoted its mission at the 2012 Rose Bowl Parade, broadcasted on 1/2/2012

**TRANSPLANT SPEAKERS INTERNATIONAL (TSI)**

**2010-2012**

**Freehold, New Jersey**

## TSI Facilitator

* Collaborated with other transplant recipients to present personal transplant stories/experiences nationally at public speaking engagements in order to promote organ donation and transplantation as the norm rather than the exception

**TRANSPLANT RECIPIENTS INTERNATIONAL ORGANIZATION (TRIO)**

**2010-2013/ Present and as needed**

**Washington, D.C.**

## Youth Circle Co-Leader

* Collaborated with other transplant recipients to provide support, hope, and education to younger transplant recipients through personal stories, polls, and surveys on the Youth Circle website, Facebook page, and TRIO Newsletter

NATIONAL KIDNEY FOUNDATION (NKF)

2006-2008/Present and as needed

**New York, New York**

## TransAction Council Board Member

* Worked on various projects with other board members to improve the quality of life of transplant recipients through resources, support, and networking

**TRANSPLANT SUPPORT ORGANIZATION (TSO)**

**2004-Present as needed**

**Valhalla, New York**

### **Active Volunteer Member/Transplant Support Organization Board Member and Vice-President2013-**

* Registered individuals at “Global Health Fair” in White Plains, New York to become New York Organ Donors
* Volunteer at local registry drive engagements
	+ Peekskill Horse Show, Peekskill, NY; September 22, 2013
	+ American Heart Association Westchester Walk, Valhalla, NY; October 6, 2013
* Contributed organ donor awareness articles to monthly newsletter
* Specialized in community outreach and various other board membership duties

**LiveOnNY**

**2008-Present as needed**

**New York, New York**

### **Active Volunteer Member**

* Assisted with the grieving and healing process to organ donor families as a representative transplant recipient at the 2010, 2011, and 2015 Organ Donor Family Recognition Program and Luncheon
* New York State Department of Motor Vehicles Representative in April 2011 Donate Life Month at Brewster, NY DMV and Peekskill, NY DMV to register individuals as organ donors

# BOOK SIGNINGS AND EVENTS

#### 3rd Annual PKD Foundation “Cocktails for a Cure”

#### Hudson Valley PKD Foundation, White Plains, NY; May 9, 2013

#### “AuthorTalk Series/Donate Life Month: Confessions of a Kidney Transplant Recipient”

#### Ossining Public Library, Ossining, NY; April 14, 2014

# PUBLIC SPEAKING ENGAGEMENTS

#### Pre-Enrollment Day Meeting

Northern Westchester Hospital, Mount Kisco, NY; September 16, 2015

#### Presented personal transplant story to promote the hospital’s participation and involvement in Organ Donor Enrollment Day

#### Promoting Organ Donation Awareness in the Asian Community Workshop

Fo Guang Shan Buddhist Temple, Flushing, NY; March 9, 2014

#### Kenneth Co and Troop 754 invited me as guest speaker to present my personal transplant story in relation to the Asian community and to register as an organ donor

#### Arthritis Advocacy Training: Making Your Voice Heard

Arthritis Foundation, White Plains, NY; October 15, 2013

#### Presented personal arthritis story as Arthritis Ambassador to increase registered advocates for the Arthritis Foundation

#### 2012 Donor Memorial Service

Center for Donation & Transplant, Albany, NY; November 4, 2012

#### Presented personal transplant story to organ donor families

#### TRIO 2012 Leadership Summit

Center for Organ Recovery and Education (CORE), Pittsburgh, PA; September 28, 2012

#### Presented personal transplant story and support needs of the transplanted youth: a chapter challenge in TRIO

#### Environmental and Policy Strategies to Increase Physical Activity Among Adults With Arthritis

Rayburn House Office Building Capital Hill, Washington, D.C.; May 16, 2012

#### Presented arthritis story as “Patient Advocate” to provide the correlation and necessity of increasing policy and environmental strategies that will increase the physical activity among adults with arthritis

#### LBGT and Seniors Donate Life Presentation

Memorial United Methodist Church, White Plains, New York; May 12, 2012

#### Presented personal transplant recipient story in order to increase organ donation awareness and registration among the LBGT and Senior Population

#### Transplantastic Pediatric Transplant Event

Maria Fareri Children’s Hospital, Valhalla, New York; October 6, 2011

* Presented personal transplant recipient story to pediatric transplant recipients and their families, healthcare professionals, and pediatric healthcare and transplant organizations

#### New York State Department of Health Media Press Conference

New York Organ Donor Network, New York, New York; July 28, 2011

* Presented personal transplant recipient story to enhance the newfound collaboration of New York State Department of Health, New York State Department of Motor Vehicles, and New York Organ Donor Network collaboration to increase organ donation/transplantation awareness and registration

#### Critical Care Conference

White Plains Hospital, White Plains, New York; June 2, 2011

#### Presented personal transplant recipient story to critical care/emergency medical staff

#### Pediatric Transplantation Conference

Maria Fareri Children’s Hospital, Valhalla, New York; October 26, 2010

* Spoke about life after a life-saving organ transplant to nurses/nursing students
* Powerpoint Presentation: “Post-Transplant: Celebration of Life!”

#### Kidney Transplant Seminar

Westchester Medical Center, Valhalla, New York; May 16, 2010 and ~Summer of 2004

* Panelist about life prior to a life-saving organ transplant and shared personal transplant story

#### Transplant Support Organization High School Organ Donation Awareness Program

Braricliff High School, Briarcliff Manor, New York; ~2004

* Presented personal story to promote organ donor awareness and registration to high school students

#### Public Speaking Project in Oral Speaking & Communication Skills Class

Manhattanville College, Purchase, New York; ~2003

* Spoke about personal organ transplant story to university students to increase organ donation awareness and registration

#  VISUAL MEDIA

#### “Faces of Arthritis” <http://www.arthritis.org/facesofarthritis.php?story=Mary+Wu>

Arthritis Foundation, Washington D.C.; Available August 2012

* Selected for “Faces of Arthritis” photography project that Arthritis Foundation created

#### 2012 Pasadena Tournament of Roses

“One More Day” Donate Life Float sponsored by UKRO, Pasadena, CA; January 2, 2012

* Selected as float rider for Donate Life Float at 123rd Rose Parade by UKRO to promote UKRO and organ donation and transplantation

#### Thornwood Kidney Survivor Going to Rose Bowl Parade

News 12, Yonkers, NY; December 27, 2011

* Interviewed by News 12 reporter, Carol Ann Wilkinson, about the Rose Bowl Parade, Donate Life Float, and UKRO and personal organ donation and transplant story

#### New Organ Campaign

#### The Methuselah Foundation, Springfield, Virginia; August 14, 2011

* Selected for video documentary and photography interview to share personal transplant story as a way to help other transplant candidates and family members and promoted The Methuselah Foundation’s updated website and mission

#### Assemblywoman Sandy Galef

#### “Dear Sandy…” Cablevision TV Program, Recorded at Peekskill, NY Cablevision Division on September 22, 2011

* Invited by Assemblywoman Sandy Galef and Transplant Support Organization to share personal transplant story in order to increase the organ donation registration rate in New York State

# PUBLICATIONS

#### CONFESSIONS OF A KIDNEY TRANSPLANT RECIPIENT

Personal Book Blog; <http://kidneyconfessions.blogspot.com>; Launched September 2009-Present

**“Missing: Vital Organs and Educated Minds” by: Siobhan Becker**

#### WRT 102.49, December 2, 2014

**“Getting to know our TSO Members…Mary Wu” by: Janet Ocasio**

#### Transplant Support Organization newsletter,” Bronx, New York; Vol. 19, Issue 1; Winter 2014

**“When it is Time for Hip Replacement?” by: Tina Dorfman**

PHELPS TODAY, Sleepy Hollow, New York; Winter 2014

**RENAL SUPPORT NETWORK 2013 11th Annual Essay Contest**

Second-Place Winner; Published in “The Kidney Times,” Glendale, California; September 17, 2013

#### “To Julie: The (Un)Definition of the Diabetes Diagnosis” by: Mary H. Wu, Guest Blogger

#### “Julie Talks Diabetes” blog <http://julietalksdiabetes.wordpress.com/2013/10/15/guest-blog-to-julie-the-undefinition-of-the-diabetes-diagnosis-by-mary-h-wu/>Rochester, New York; October 15, 2013

#### “Meet Mary Wu” by: knapier

#### <http://www.clubfit.com/blog/category/takingcontrol>, Club Fit Blog, Briarcliff Manor, NY; July 25, 2013

#### “Mary Wu ’04 has released an autobiographical book, ‘Confessions of a Kidney Transplant Recipient’” by: Manhattanville College Alumni Department

#### Manhattanville College Alumni Bulletin Board, Purchase, New York; June 20, 2013

#### “Ossining Kidney Transplant Recipient Pens Book on Ordeal” by: Terence Corcoran

The Journal News, Westchester County, New York; June 13, 2013

#### “My Sister and I: A Story of Life and Second Chances” by: Amy Wu

South China Morning Post, Hong Kong, China; April 29, 2013

#### “Traditional Chinese Medicine Chat Forum” by: shen-nong.com

#### <http://www.shen-nong.com/eng/forum/index.html>, Hong Kong, China; April 17, 2013

#### “Hope, Inspiration, and Wisdom: A Treasury of Thoughts on Coping with Kidney Disease” by: Renal Support Network

Renal Support Network, Lexington, KY; March 29, 2013

#### “How Will You Play Your Hand at Life?” by: Mary H. Wu

#### Transplant Support Organization newsletter,” New Rochelle, New York; Vol. 18, Issue 1; January/February 2013

#### “A Gift of Thanks” by: National Kidney Foundation

#### National Kidney Foundation “For Those Who Give and Grieve” newsletter, New York, New York; Vol. 20, Issue 3; Winter 2012

#### “Coping with Arthritis” by: Mary H. Wu

#### Renal Support Network “Live & Give Newsletter,” Glendale, California; Vol. 8, Issue 2; Fall/Winter 2012

#### “An Advocate for Herself and 50 Million Others” by: Nancy Simington

#### Arthritis Foundation “Northeast Regional Reporter,” Northeast Region; November 2012

#### MEMORIAL-SLOAN KETTERING CANCER CENTER

Featured in “Kudos!” section for being Transplant Games of America Athletic Participant and Winner of two bronze and one silver medals in swimming competition in “MSK Life Employee Newsletter,” New York, NY; September 6, 2012

#### “Transplant Games Offer Common Bond, Chance to Thank Donors” by: Chris Iseman

The Journal News, Westchester County, New York; July 27, 2012

#### “NY TRIO Youth Circle Family Visits TRIO Philadelphia” by: Jim Gleason

#### <http://triophiladelphia.wordpress.com>, Philadelphia, Pennsylvania; May 24, 2012

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#### “Mary Wu ’04 Participated in the Rose Bowl Parade 2012” by: Manhattanville College Alumni Department

#### Manhattanville College Alumni Bulletin Board, Purchase, New York; January 31, 2012

#### “A Ride of a Lifetime” by: Mary H. Wu

Transplant Speakers International (TSI) Blog, Freehold, New Jersey; January 21, 2012

#### “Ossining Woman to Ride Tournament of Roses Parade Float” by: Sherrie Dulworth

The Examiner, Westchester County, New York; December 29, 2011

#### “Kidney Recipient to Ride on Float” by: Terence Corcoran

The Journal News, Westchester County, New York; December 22, 2011

#### “Ossining Woman in Rose Bowl Parade” by: Christopher McHugh

The Ossining/Croton-on-Harmon Patch, Westchester County, New York; December 22, 2011

Guest Blog Writer to promote UKRO and its work and Rose Bowl Parade Donate Life Float; <http://ukrocharity.org/2011/12/guest-blogger-mary-wus-countdown-to-the-rose-parade/>; Launched December 9, 2011

#### UKRO ROSE BOWL PARADE GUEST BLOG

Guest Blog Writer to promote UKRO and its work and Rose Bowl Parade Donate Life Float; <http://ukrocharity.org/2011/12/guest-blogger-mary-wus-countdown-to-the-rose-parade/>; Launched December 9, 2011

#### MEMORIAL-SLOAN KETTERING CANCER CENTER

Featured in “Kudos!” section for being Rose Bowl Parade Donate Life Float Rider and Organ Donation and Transplant Advocate in “MSK Life Employee Newsletter,” New York, NY; December 5, 2011

**RENAL SUPPORT NETWORK 2011 9th Annual Essay Contest**

Honorable Mention; Published in “The Kidney Times,” Glendale, California; September 14, 2011

#### “Organ Donor Advocates Aim to Expand New York Registry” by: Sherrie Dulworth

The Neighborhood Beatbox, Columbia University School of Journalism, New York, NY; August 20, 2011

#### “Westchester Woman Receives Two Kidney Transplants” by: Jill Klein

New York Daily News newspaper, New York, NY; July 29, 2011

#### “Medication Compliance” by: Mary H. Wu

#### National Kidney Foundation Transplant Chronicles; Summer 2011

#### MEMORIAL-SLOAN KETTERING CANCER CENTER

Featured Personal Organ Donation & Transplant Story and Advocacy in “MSK Life Employee Newsletter,” New York, NY; June 14, 2011

**NEW YORK ORGAN DONOR NETWORK**

Featured Personal Transplant Story on their official website [www.donatelifeny.org](http://www.donatelifeny.org); November 2010

**NATIONAL KIDNEY FOUNDATION 60TH ANNIVERSARY ART CONTEST**

Semfinalist Photo Piece featured in 2011 National Kidney Foundation 60th Anniversary Calendar

**RENAL SUPPORT NETWORK 2010 8th Annual Essay Contest**

Third-Place Winner; Published in “The Kidney Times,” Glendale, California; September 10, 2010

**“Reasons to be Thankful: Four Local Residents Share Their Stories” by: Robert Marchant**

The Journal News, Westchester County, New York; November 21, 2010

**“Ossining Kidney Recipient Champions Organ Donation” by: Terence Cocoran**

The Journal News, Westchester County, New York; September 5, 2010

#### “Transplant Games Honor Those Who Give the Greatest Gift” by: Mary H. Wu

The Journal News, Westchester County, New York; August 14, 2010

#### “Writing to my Donor’s Family” by: Mary H. Wu

National Kidney Foundation Newsletter “For Those Who Give and Grieve;” Summer 2009, Volume 18, Number 1

#### “Legislation Can Give New Life to Kidney Transplant Recipients” by: Mary H. Wu

The Journal News, Westchester County, New York; July 11, 2009

**National Kidney Foundation Book Review**

“Organ Transplants: A Survival Guide for the Entire Family-The Ultimate Teen Guide” by: Tina Schwartz

# National Kidney Foundation Book Review

“Somewhere Between Life and Death” by: Lurlene McDaniel

# AFFILIATED PROFESSIONAL ORGANIZATIONS

-Transplant Support Organization- -National Kidney Foundation-

-Renal Support Network- -New York Organ Donor Network-

-Transplant Recipients International Organization- -Transplant Speakers International-

# EDUCATION

**Manhattanville College**, Purchase, NY

Bachelor of Arts, January 2004

Self-Designed Major: **Psychology of Communications** Minor: **Sociology**

GPA: **3.9**